

The total atomization energies for hydrides H ₂ 、LiH、BeH ₂ 、BH ₃ 、CH ₄ 、NH ₃ 、H ₂ O、HF		
Species	Multiplicity	Equilibrium bond energy (D _e , kcal/mol)
H ₂	1	109.5
LiH	1	57.95
BeH ₂	1	143.14
BH ₃	1	281.08
CH ₄	1	420.34
NH ₃	1	298.02
H ₂ O	1	232.75
HF	1	141.25

Reference :

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2. <http://cccbdb.nist.gov/expbondlengths1x.asp>
3. Barreto, P. R.; Vilela, A. F.; Gargano, R., Thermochemistry of molecules in the B/F/H/N system. *Int. J. Quantum Chem.* **2005**, *103*(5), 659-684.
4. Shayesteh, A.; Tereszchuk, K.; Bernath, P.; Colin, R., Infrared emission spectra of BeH₂ and BeD₂. *J.Chem.Phys.* **2003**, *118*(8), 3622-3627.